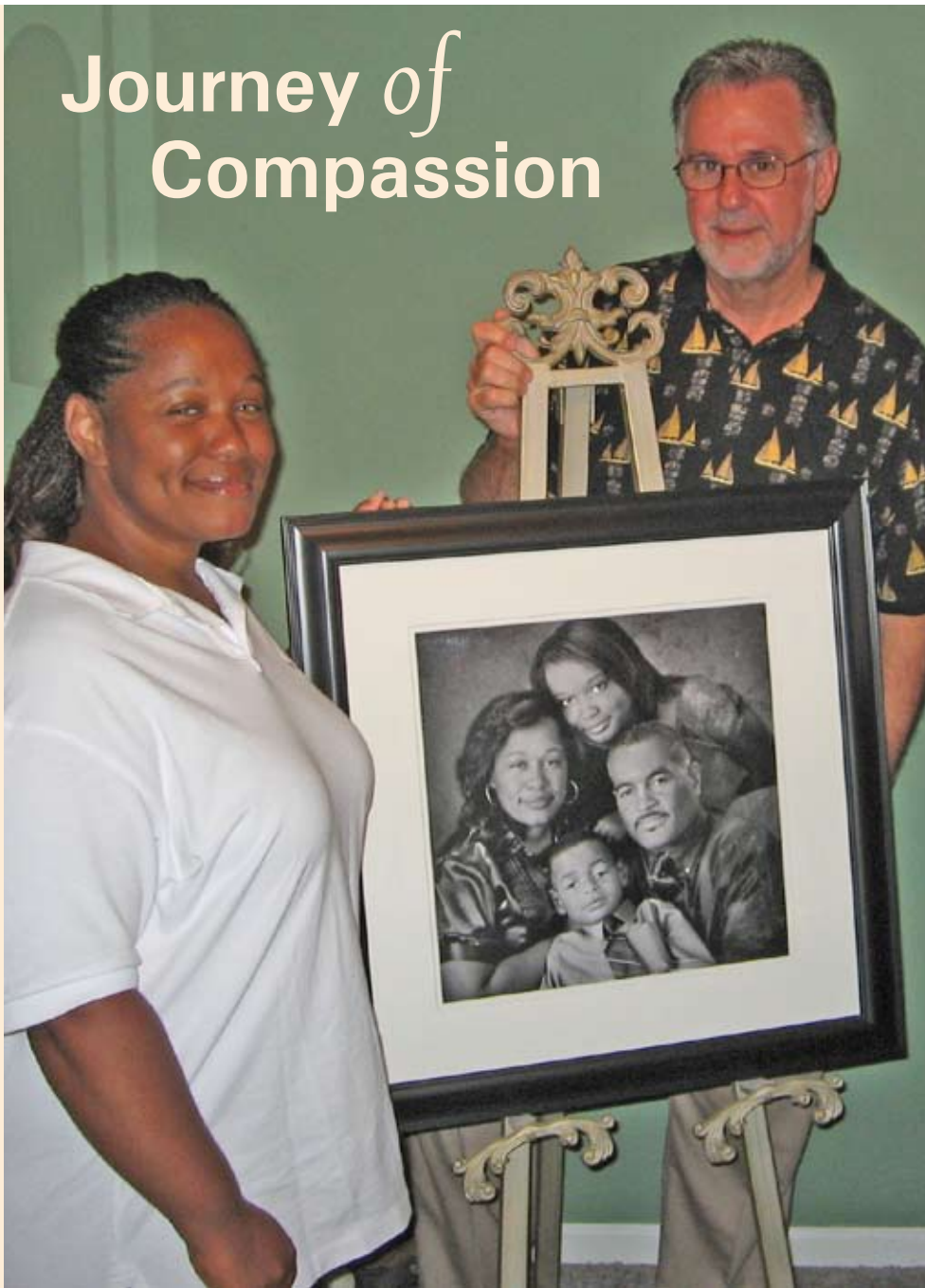


## Journey of Compassion



Shoshanna McNeal, Jabari's mother, and photographer Kenny Barnes with the family portrait donated through the "A Child's Journey of Compassion" program.

Professional photographer Kenny Barnes and his wife, Elizabeth have a heart for hospice, and they love to work with children. So they approached Lower Cape Fear Hospice & LifeCareCenter with an offer to provide a free portrait opportunity to families who had a child in hospice care. They wanted to donate a black and white framed photograph for families to keep as a remembrance of their young loved one.

Almost immediately, a family enrolled in hospice and was able to participate. Little Jabari was only six years old and faced serious illness. The family was able to take him to the Barnes studio, where they captured a precious moment in time, a moment with Jabari surrounded by those who loved him most.

Several weeks later, Kenny and Elizabeth presented Jabari's mother with the meaningful family portrait. It was a poignant moment everyone will remember and cherish forever.

This program is called "A Child's Journey of Compassion." Lower Cape Fear Hospice & LifeCareCenter is honored to offer this service, and we extend our thanks to Kenny and Elizabeth Barnes for their generosity and compassion to our patients and families.

For more information, call 796-7943.

## Faces of Hospice Faye's Story



Faye Cox finds volunteering with Lower Cape Fear Hospice & LifeCareCenter satisfying and rewarding because she is helping others when they need it most.

Whiteville resident Faye Cox has always liked to help others. So when she retired after working in Wilmington for 37 years, she decided to become a hospice volunteer.

Both of Faye's parents were served by Lower Cape Fear Hospice & LifeCareCenter, and Faye knew how much hospice helped her family. She remembers how much her mother looked forward to visits from the hospice team members. They were like family.

Faye would recommend hospice care to others. She says that hospice made a difference at the end of her parents' lives. The hospice team provided information on what to expect, answered questions and educated the entire family along the way.

Faye feels her mother lived longer because of hospice. Her father was able to die at home like he wanted to. Their pain was managed. They both had a peaceful death, surrounded by family.

So, every Thursday afternoon, Faye spends two hours relieving a 78-year-old caregiver whose husband is a hospice patient. When Faye arrives, the caregiver,

whose family lives out of town, can have time to herself. She works in her yard or her greenhouse, makes baskets, goes out to eat, sits and talks, or just relaxes. If the caregiver needs help any other time, she knows she can call on Faye.

Faye enjoys volunteering and says it is valuable and rewarding. She began her work with hospice in 2005. Faye says more people – men and women – need to volunteer. It only takes two hours a week. Everyone can do something for someone else in need. Helping others is valuable and rewarding.

Faye gets satisfaction from volunteering. She says it allows others to share their stories and take their mind off sickness. Faye says, "When I get home, I feel like I've done something for somebody, I've made a difference in someone's life."

Faye grew up on a farm. She and her husband have 150 acres. They have six ducks, chickens, and Wally the Goose, who thinks he's human. Each year they plant a garden large enough so the whole neighborhood can enjoy its bounty. Faye keeps busy with church activities and also volunteers at the Festival of Trees.

Faye's first husband died at 53, and after 13 years, Faye married again. So she's had time to think about the end of her life. Faye is not afraid of death, having seen the experience of her parents. Faye says she may need help someday, and she's hopeful that someone will hand her a "glass of water" when she needs it.

And who knows – that someone could be a hospice volunteer!

## Why Wait? Call Today!

Just about every day we read articles that discuss the reasons people with life-limiting illness enroll in hospice care much later than they should.

Families don't want to admit that their loved one is dying. Doctors don't want to let their patients down or have them give up hope. Patients don't want to have their doctor abandon them.

The list goes on and on. Many patients spend their last months of life on trips to the emergency room or dealing with uncontrolled pain, distressing symptoms, undergoing exhaustive treatments. For every patient in hospice care, two others could be enrolled, receiving medical care and support they need during this challenging time.

It doesn't have to be this way. Hospice is encouraged months before the last days of a person's life. Research has shown that patients who receive hospice care live longer than those who do not, although the diagnosis is the same.

Under hospice, most patients remain in their homes, surrounded by loved ones in a comfortable, familiar environment. Patients can learn about their healthcare options and make their wishes known to loved ones, as well as participate in planning and decision-making. They have time to prepare for the changes they face, to spend time together, and to say goodbye.

More than 99 percent of our hospice families say they would recommend our care to others. Why wait? If you or your loved one is facing a life-limiting illness, call for the supportive care hospice offers today!



President & CEO Laurie Bystrom  
Lower Cape Fear Hospice & LifeCareCenter

## Grief Support – Help is Just A Phone Call Away!

Most of us have loved and lost cherished individuals in our lives, and we understand that coping with grief is a challenging process.

If you are having difficulty dealing with the loss of a loved one, our Bereavement Services staff members are the people you can call for help. They provide grief counseling to patients, their families, and the community through individual and group sessions throughout the year. Our Sunrise Kids program addresses the special needs of grieving children and adolescents through a variety of programs, including Sunshine Camp, our summer day camp for kids.

For more information, call 642-9051 ext. 504. An overview of our services, including a schedule of upcoming grief programs is available online at [hospiceandlifecarecenter.org](http://hospiceandlifecarecenter.org).

# Columbus County Hospice Happenings



Memory Quilters Carolyn Pierce and Barbara Lowimore made angels for the patient rooms at Angel House Hospice Care Center.



Festival of Trees volunteers in front of the memorial trees they decorated. Each dove ornament commemorates a hospice patient served the previous year. After the holidays, the ornaments were mailed to the patients' families.



Fair Bluff Methodist Church members brought lunch for staff and patients' families, toured Angel House, and learned about agency services.



The Peggy Ann Triplett Foundation installed this statue at Angel House Hospice Care Center in memory of Peggy Ann Triplett, who loved angels.



Woodman of the World Lodge 137 members, with Anita Crabtree, center, brought baskets with items for Columbus County patients.



Greta Heye, Foundation Trustee Butch Hooks, and Anita Crabtree attended the 73rd annual Columbus County Chamber banquet.



Tomorrow's Club members brought goodies, toured the facility, and listened to a presentation about hospice services.



Board of Directors Chair Debra Walters was among the speakers at the Bountiful Life Tile Dedication Ceremony at Angel House.



Outreach Provider Rep. Greta Heye, right, with health fair attendees at the Mt. Pleasant AME Zion Church in Riegelwood.



Lower Cape Fear Hospice Inc. is licensed by the N.C. Div. of Health Service Regulation to provide hospice care to the residents of southeastern N.C. Governed by a volunteer board of directors of citizens from New Hanover, Pender, Brunswick, Bladen and Columbus counties, the agency is an affiliate of NHRMC, a member of the National Hospice and Palliative Care Organization, the Carolinas Center for Hospice and End of Life Care, and the Hospice Provider Network, is approved by the Accreditation Commission for Health Care, Inc. and is certified by Medicare and Medicaid.



Lower Cape Fear Hospice & LifeCareCenter, a nonprofit health care agency, is proud to receive support from the Cape Fear Area and the Bladen County United Ways.



Whiteville Office and Hospice Care Center  
206 Warrior Trail Road  
Whiteville, NC 28472  
910.642.9051

Information and Referrals  
910.796.7937 or 800.207.6908

Email [hospice.lifecarecenter@lcfh.org](mailto:hospice.lifecarecenter@lcfh.org)  
[www.hospiceandlifecarecenter.org](http://www.hospiceandlifecarecenter.org)

**BEGIN THE CONVERSATION • ORG**

BeginTheConversation.org is a public education initiative sponsored by Lower Cape Fear Hospice & LifeCareCenter to encourage people to identify and communicate their healthcare choices.

# Thank you, Columbus County!

Outreach employees completed a "blitz" to distribute our thirtieth anniversary posters, to talk about our services, and to thank Columbus County businesses and community members for allowing us to serve them and their loved ones. We extend our thanks to all the businesses that agreed to display posters, including those listed below.



Anita Crabtree and Greta Heye distributed a poster at Whiteville Florist during the blitz.

A Cut Above  
ABC Store  
Advanced Computing Solutions  
All That Jazz Incorporated  
All Tied Up  
Allied Behavioral Management Inc  
Alterations Plus  
American General  
Ann's Fashion Shop  
AssistedCare  
Baldwin Woods Pharmacy  
BB&T  
Best Western  
Big Lots  
Bojangles' Famous Chicken 'n Biscuits  
BPs  
Britt's Jewelers  
Budget Printing  
Cardinal Finance Co  
Cardio Pulmonary Diagnostic Clinic  
CB Electronics  
Chamber of Commerce  
Chase Menswear  
China Garden  
China King  
Christian Supply Center  
Clayton Homes  
Coastal Speech Center  
Collier's Jewelers Inc  
Columbus County Arts Council  
Columbus County Health Department  
Columbus County Public Libraries  
Columbus Eye Associates  
Columbus Internal Medicine  
Corner Grill  
Creation Cakes  
Cutting Edge  
Dale's Seafood  
Dameron Drug Store

Dollar General Store #4906  
Donayre Cancer Care Center  
Dorman Furniture  
Duncan's Insurance World Inc  
East Coast Agency  
East Wind Chinese Restaurant  
Elite One Insurance Agency Inc.  
Families Values Thrift Store  
Families Values Too!  
Fifth & Mane  
Food Lions  
Fowler's Grill  
Freedom Insurance Agency Inc  
Furniture Depot of Whiteville  
Gore's Carpet Center  
Gore's Furniture  
Guiton's Drug Store Inc  
H&R Block  
Hair Styles By Dean & Diane  
Hardees's  
Heritage Hair Styling Salon  
Hills Food Store  
Home Run Food Mart  
K&B Computers Inc  
Kangaroo  
Lake Waccamaw Primary Care  
Mae Coffee Shop  
Magnolia Garden Shop  
Mann's JS Department Store  
Marathon Ashland  
NC Museum of Forestry  
Oasis  
Penny's Treasure Hunt Thrift Shop  
Pierce and Company Inc  
Pigford's Fast Food Service Inc  
Port City Properties  
Pure Bred Steak Seafood & Grille  
Quality Ford  
R&R Quick Mart

Radio Shack  
Ralph's Barber Shop  
SCC Resource Center and Lending Scrubs  
Sherwin-Williams  
Southeast Internal Medicine  
Southeastern Insurance Agency  
Southeastern Nephrology Associates  
Stanley's Discount Center  
Stanley's Florist  
Stephen's Outreach Center  
Steven's Cave  
Sugar and Spice Dancewear  
Sun Craze Tanning Salon  
Suzanne King WTXY 1540AM  
Tabor City Library  
Tabor City NAPA Auto Parts  
Tabor City Rescue Squad  
Tabor City Welcome Center  
The News Reporter  
The Pawn Shop  
Todd House  
Treasure Chest  
Tropical Tans  
Video World  
Village Family Buffet  
Village Prescription Center  
Waccamaw Bank  
Waccamaw Town Office  
Walgreens  
Walters Surgical Associates  
Ward's Grill  
Wendy's  
Whiteville Chiropractic Center  
Whiteville City Schools Board of Education  
Whiteville Florist  
Whiteville IGA  
Whiteville Medical Associates PA

## Hospice Can Help! Your Hospice Team:

- Cares for you, wherever you live and offers intensive hospice services in our care centers
- Manages your pain and symptoms
- Serves people with life-limiting illnesses like end-stage lung, heart, and kidney disease, cancer, Alzheimer's, dementia, ALS, strokes
- Provides a bed or walker, delivers your medicine, bathes you and helps you with personal care
- Covers your hospice expenses through Medicare, Medicaid and most insurances
- Works with your physician to coordinate your care
- Provides someone to call – day, night or weekends
- Teaches caregivers how to safely care for you and gives them rest time
- Prepares you and your family for what might lie ahead
- Honors your wishes, respects your traditions and beliefs, helps guide your family discussions
- Assists with chores or errands, reads to you, helps you write letters or record your life story