



2010 Grief Programs

Coping with grief is a challenging process. Grieving people can experience sadness, anger, anxiety, confusion, loneliness, emptiness, forgetfulness, and pain. Connecting with others lessens the intensity of grief. Our programs offer hospice families and community members grief assistance.

Living With Grief: Weekly growth and education groups for adults coping with grief.

- Thursdays, Sept. 9 – Oct. 14, 4 to 6 p.m., Angel House Hospice Care Center
- Wednesdays, Sept. 15 – Oct. 20, 2 to 4 p.m., Phillips LifeCare & Counseling Center
- Sundays, Oct. 10 – Nov. 14, 4 to 6 p.m., Phillips LifeCare & Counseling Center

Living With Grief – For Men Only: Weekly growth and education groups for men coping with grief.

- Thursdays, Oct. 7 – Nov. 11, 2 to 4 p.m., Phillips LifeCare & Counseling Center

Adults Who Have Had a Child Die: Weekly groups for coping with grief from a child's death.

- Sundays, Sept. 19 – Oct. 24, 2 to 4 p.m., Phillips LifeCare & Counseling Center

Adults Who Have Had a Parent Die: Weekly groups for coping with grief from a parent's death.

- Wednesdays, Sept. 22 – Oct. 27, 6 to 8 p.m., Phillips LifeCare & Counseling Center

Loss & the Holidays: **One-session** workshop for adults experiencing grief during the holidays.

- Monday, Nov. 8, 6 to 8 p.m., Phillips LifeCare & Counseling Center
- Tuesday, Nov. 9, 10 a.m. to noon, Saint Peter Evangelical Lutheran Church
- Tuesday, Nov. 9, 1 to 3 p.m., Phillips LifeCare & Counseling Center
- Wednesday, Nov. 10, 3 to 5 p.m., Seaside United Methodist Church
- Thursday, Nov. 19, 3 to 5 p.m., Angel House Hospice Care Center
- Monday, Dec. 6, 2 to 4 p.m., Phillips LifeCare & Counseling Center
- Tuesday, Dec. 7, 10 a.m. to noon, Saint Peter Evangelical Lutheran Church
- Tuesday, Dec. 7, 6 to 8 p.m., Phillips LifeCare & Counseling Center
- Wednesday, Dec. 8, 3 to 5 p.m., Seaside United Methodist Church
- Thursday, Dec. 9, 3 to 5 p.m., Angel House Hospice Care Center

Teen Loss & the Holidays: **One-session** workshop for teens experiencing grief during the holidays.

- Monday, Nov. 8, 6 to 8 p.m., Phillips LifeCare & Counseling Center

Program Locations

Phillips LifeCare & Counseling Center: 1414 Physicians Drive, Wilmington

St. Peter Evangelical Church: 4843 Southport-Supply Rd. SE, Choir Room, Southport

Seaside United Methodist Church: 1300 Seaside Road SW, Room 207, Sunset Beach

Angel House Hospice Care Center: 206 Warrior Trail Road, Whiteville

Information and Registration

Pre-registration is mandatory. For more information or to register, call **796.7991** or **796.7925** for New Hanover County sessions; **754.5356** for Brunswick County sessions; and call **642.9051** for Columbus County sessions. When leaving a message, please leave your name, phone number, and indicate the specific session you wish to attend. Donations are appreciated.

Corporate Office
1414 Physicians Drive
Wilmington NC 28401
p910.796.7900
f910.796.7901

Hospice Care Center
1406 Physicians Drive
Wilmington NC 28401
p910.762.9422
f910.341.3014

Bladen County Office
101 S. Craig Street
PO Box 1984
Elizabethtown NC 28337
p910.862.3111
f910.862.3148

Brunswick County Office
10 Doctors Circle
Suite 4
Supply NC 28462
p910.754.5356
f910.754.5351

Columbus County Office &
Angel House Hospice Care Center
206 Warrior Trail Road
Whiteville NC 28472
p910.642.9051
f910.642.0223